

# States of Consciousness

|                                                                     |                                                                                |           |
|---------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------|
| 3rd Domain (Heaven, Promised Land)<br>Unity/Gold                    | Father - Source of Sun<br>Son - Christ - Sun<br>Holy Spirit - Radiance/Sophia  |           |
| <hr/>                                                               |                                                                                | Ascend    |
| 2nd Domain (Desert, Bridge)<br>12 Archetypes                        | Soul - Resurrection Body - Moon<br>Compassion - Christ<br>Wisdom - Sophia/Mary |           |
| <hr/>                                                               |                                                                                | Transcend |
| 1st Domain (Hell, Egypt, Bondage)<br>separateness, many individuals | Intellect<br>Emotion<br>Physical body                                          | } EGO     |

## What is Ego?

Ego is a function of the physical body in the service of survival in physical form

Intellect - function of thinking in duality - black and white thinking. All dual thinking corresponds to emotion and all unresolved soul needs result in

Emotion - namely **fear**. Most people's worst fear after the fear of survival is to feel **shame** and badness - which is a death experience to one's true nature which is in essence love. The experience of this emotion gives rise to a

Desire/Temptation - an habitual compulsion to control the feeling or overpower what is erroneously thought to be the origin of the feeling (another person). All power and control (fight or flight, animal instinct) is

Defensive functioning - in the service protecting against unconscious judgment, fear, shame and need.

